

## ***Thyroid Symptoms***

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- May not grow or have slow growth
- Delayed puberty
- May be tired, needs daytime naps
- Dry skin, dry hair, hair loss
- Cold hands and feet
- Permanent loss of IQ points in children
- Constipation and/or colitis
- Thin brittle hair that does not grow well
- Delay losing baby teeth
- Short attention span
- Difficulty falling asleep
- Forgetfulness
- Low body temperatures
- Bone or joint pain, weakness
- Irritability
- Low mood
- Poor handwriting